

Harbour Racing Inc. presents

ICEBERG SERIES



TINGIRA OPEN AT ROSE BAY: 3RD SEPTEMBER 2011, STARTS 9AM

PRESENTED BY SHARK ISLAND PADDLERS AND ROSE BAY TIME TRIAL SUPPORTED BY HARBOUR RACING INC.

- LOCATION:** *Corner New South Head Road and Vickery Avenue*
- LIFEJACKETS:** **Please note that all paddlers will be required to wear a lifejacket throughout the event.**
- Distance:** Long Course Approx. 16 Km
Short Course Approx. 8 Km
- Parking:** Plenty of unmetered parking in Lynne Park, along New South Head Road and on the side streets off New South Head Road.
- Race Registration:** 7.30 to 8.30 am on the beach in front of the club
- Briefing:** 8.45am on the beach
- Start time:** 9.00am
- Start Type:** Water start, following the IRB safety boat with red flag, green flag.
- Craft:** Surfskis, Spec Skis, Seakayaks, Outrigger Canoes, Stand-up Paddle Boards, Plastic Sit-on tops
- Long Course:** Beach start at Tingira beach, then head north towards Steel point (the point to the left of Nielson Park) passing to the right of the red marker on the way. At Steel point turn right heading towards bottle and glass point and turn right clockwise on the left hand side of the marker. Head in towards Vacluse Bay turning anticlockwise on the outside of the markers which will loop paddlers back to Bottle and Glass point where they will turn left on the right side of the marker, and proceed back towards Steel point, and then directly back to the beach where a portage will be performed. Paddlers will then complete the course a second time. The finish will be a sprint across the beach to the finish line.
- Short Course:** As above, except only a single lap with the finish a sprint across the beach to the finish line.
- Scrutineering:** There will be a scrutineer to ensure the Race Directors requirements are adhered to.
- Presentation:** 10:30 presentation and prize giving at Tingira Reserve area.
- Entry Online:** Registration online - now open at:
<http://www.harbourracing.org.au/registration.asp>

Race Categories:**Skis (Ocean and Spec category):**

U16 Men | 19 and under Men | 20 -30 Men | 30-39 Men | 40-49 Men
50-59 Men | 60 plus men

U16 women | 19 and under women | 20 -39 women 40 plus women

Double ski

Outriggers: OC1 Men | OC1 Women | OC2

Stand up paddle boards: SUP Men | SUP Women

Sea Kayaks: Seakayak singles Men

Seakayak singles Women | Sea kayak doubles | Plastic sit-on tops

Race Singlets:

Paddlers who raced in the Summer Series and wearing these will get a discount. The singlets are to be worn by all paddlers. They will be issued to each paddler entering the Series for the first time. Paddlers doing a subsequent event must wear the singlet issued at the first race.

Leg ropes:

All surfski, OC and SUP paddlers must have a leg leash available for wearing on the day. The Race Director will decide on the day if leg leashes must be worn.

Safety Boats:

There will be Rescue Craft along the course, but it is the responsibility of each paddler to ensure that he or she is fit and able to complete the race.

Cancellation:

The Race Director may cancel or reject any entry to the race at any time for any reason he sees fit, including medical and fitness conditions, non-compliance with Race Organisers directions or unsportsmanlike behaviour.

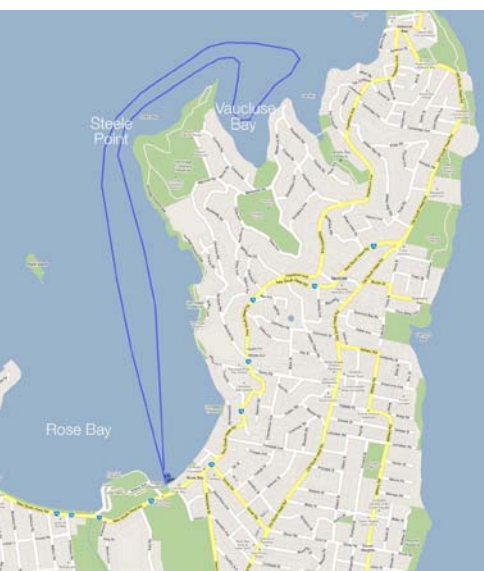
Risk:

This is a demanding event. The event organisers cannot guarantee your safety. Possible risks include injury and/or drowning, due to being hit by other persons, objects or boats, other hazards include rocks, blue bottles, stingrays and sharks. Competitors enter at their own personal risk and are responsible for their own physical condition.

Event details:

<http://www.harbourracing.org.au>

Also supported by



For more information and to enter, please go to:

<http://www.harbourracing.org.au>